

# Greenwood ES

## Shining Kids Yoga 2019



In Shining Kids Yoga, kids develop strength, balance, and flexibility by learning basic yoga poses and breathing techniques. As they move through twists, turns, balances, and stretches, they build strength, body awareness, and self confidence. Each class ends in *savasana* pose, which helps children relax and become more mindful.



<b>Shining Kids Yoga</b> <b>Grades K - 5</b> <b>\$210 (Early Bird by 12/7, \$10 off)</b>	<b>8 weeks</b> <b>Monday's from 3:30 - 4:30pm</b>	<b>Jan. 7, 14</b> <b>Feb. 4, 11, 25</b> <b>March 4, 11, 18</b> <b>(Make Up if needed March 25 )</b>
--	--	--

**Please note: Students will need to bring a yoga mat to each class.**

### How to Register:

- Online Registration Form at [www.creativeenrichment-md.com](http://www.creativeenrichment-md.com), OR
- Complete this registration form, attach check, and return to your child's Greenwood ES classroom teacher
- \*EARLY BIRD Discount! Register by Dec. 7 and receive \$10 off\*

Child's First Name:	Child's Last Name:
Parent Name:	Child's Grade and Teacher:
Parent Email:	Parent Phone:
Emergency Contact Name:	Emergency Contact Relationship:
Emergency Contact Phone:	Aftercare at Greenwood ES ? (Y/N) _____
Child's Allergies/Medications:	
(initial) _____ I give my permission to have my child's photograph and classwork used in connection with promoting registration and other media campaigns produced by Creative Enrichment, LLC. Names will not be used.	
Parent Signature:	Today's Date:

Classes missed by students are non-refundable. Please make check payable to Creative Enrichment, LLC

If you have any questions or feedback, please visit <http://creativeenrichment-md.com/> and/or contact at [Creativeenrichment.md@gmail.com](mailto:Creativeenrichment.md@gmail.com)

Late Pick-up Policy: If an adult picking up a student is more than fifteen minutes late, they will be billed an additional \$15 per 15 minutes.

Sponsored by Greenwood PTA.